



The ARCHITECTS *of* DESTINY

PODCAST

EPISODE 19: Open Your Akashic

Record with Aeron Lazar

RIYA LOVEGUARD: Welcome to another episode of the Architects of Destiny Podcast. Today, we have a fascinating subject which is also very practical because we are going to talk about the Akashic Records. And your very own host, Aeron Lazar, is an expert on the Akashic Realm, and Akashic Records reader but also teacher of how to read the Akashic Records, and most importantly, how you can use the Akashic Records to transform every area of your life. So, welcome to the show!

Before we get started, I would also like to make a small request. If you are enjoying the Architects of Destiny Podcast, consider leaving us a review on iTunes or other platforms. It would be a pleasure to keep this show going, and your support means everything.

So, without further ado, let's get started and let's dig in to the Akashic Realm.

AERON LAZAR: The Akashic Records are my favorite area of Quantum Field, multidimensional space, however you'd like to refer it. It's one of those areas that I love beyond belief. I love bringing it to people, so it's a pleasure to be here today talking about

RIYA LOVEGUARD: So why do you like the Akashic Records so much beyond other dimensions? Because you know, you travel to meet other races, you speak to the Arcturians, and you speak to the Pleiadians, you speak to the Dragons. Why, what's so special about it?

AERON LAZAR: That's a good question. Trying to put it into words, really. I suppose it just comes down to personal preference. If you want to put it simply, I've got a talent for working in there. I've got an innate ability to navigate the realm in the way that I do. I enjoy working with people on a one-to-one basis, so that's extremely rewarding as well, and the more I work in there, I just find myself drawn to it and drawn to the expansiveness of it. And I know it's one element, but it's as close to Source as you can get. And when we consider all the all the parts of the Akashic Realm, it just blows my mind. It's just my favorite thing to work with.

RIYA LOVEGUARD: So let's dive deep into what are the Akashic Records? How you can access the Akashic Records, and how you can work with the Akashic Records. Let's get started with the simple stuff. What are the Akashic Records, and also where do they sit when it comes to the Akashic Realm? Because not everybody has heard about the Akashic Realm but probably many listeners have heard about the Akashic Records.

AERON LAZAR: The Akashic Records are probably the most famous descriptive or name of all that everybody would have heard of. The Akashic Records and the Akashic Realm, however, is kind of less spoken about and if you would've gone to Instagram and look at hashtags and try and #AkashicRealm, I think in the whole of Instagram there's been five hashtags of Akashic Realm and I probably did two of them. Because this big – it's not that it's not that openly spoken about, but it's just sort of... trying to understand the Akashic Realm, is like the overall space that contains everything. Think of it like a big jigsaw puzzle with many, many, many, many different elements, and pieces and the Akashic Records would be like two pieces of the overall thing. So the Akashic Records are like they're really magnificent when we when we go in there but they're a very small element of the overall picture, which is this sort of puzzle of the Akashic Realms. That's the main difference.

RIYA LOVEGUARD: So what are the Akashic Records?

AERON LAZAR: The Akashic Records are a ledger or a database or a hard drive, whatever you wanna call it. It's a ledger or a record of everything your soul has been through since it was created way back when. And we live both Galactic

lifetimes and we live also terrestrial lifetimes here on Earth. We live in a terrestrial life here and now, and some of you watching this may have had thousands of lifetimes, hundreds if not thousands of lifetimes here on Earth, terrestrially. And When we go right the way back to when our soul was created, right or birthed from from Source Energy, at that point we start to accumulate a sort of a record of all of our experiences and everything is recorded up there. And the reason that the records exist, is it's like an evolutionary tool, because also linked to the records can be karma. Karma is like an energetic "I owe you," that we repay back through experiences. And these experiences and lessons help us grow, so it's all really cool and how it's all linked and through evolution.

RIYA LOVEGUARD: So what can you tell our listeners about how their karma actually influence their day-to-day? Because it all seems kind of esoteric, and, you know, interesting, and mysterious. But I think the most important realization is when you actually see how these past life experiences really affect your today.

AERON LAZAR: So that's a good question. So, usually, breaking a karmic pattern or experiencing a karmic pattern, what it usually does, it brings stress to your life 'cause usually, I'm not saying it's always the case because there's always room for different ways for things to work. So, nothing is absolute right? But in my experience working with hundreds of different people and coaching so many souls. When we experience a comic pattern, it's nothing pleasant, so it's always like a stressful situation in our life.

So how can it have an effect? So, if you're experiencing a karmic pattern in your life... Now, we can experience different kinds of patterns. There's also something called ancestral patterns. But we're not talking about this today, we're gonna be talking specifically about karmic patterns and karmic patterns usually show up as a result of a karmic lesson that you need to learn, usually from a past life.

Could be in this lifetime depends what happened, but more often than not it's going to be from a past lifetime, and typically this karmic pattern requires you to be on the receiving end of something that happened. You have to experience the other side of the coin. So, whether this is persistent pattern of loss, whether this is a situational thing where you're in a relationship and you keep meeting

the same kind of person that's gonna hurt you over and over again. There's a perhaps a pattern of losing employment constantly and that can go on. Perhaps it's a pattern about health. Whatever it is, it can affect many if not all areas of your life, depends on the pattern. It's not exclusive, exclusive to a certain area in your life.

It's almost exclusively negative. It's never pleasant and it always causes frustration. Sometimes, it can cause pain and trauma as a result of karmic patterns, because let's say, if you've got a karmic pattern where you need to experience what it's like to be betrayed and cheated on in a relationship or business or whatever it is, every single time you go through this pattern and you experience this pattern, you're gonna be hurt, aren't you? So, you're gonna experience an accumulation of pain and trauma. So, this is kind of one of the areas in which, karma can affect your life.

It's really important that we work on this stuff when we spot it, we clear that because we can kind of shift out of these negative patterns, then we can improve our life. We can feel really good, right. And especially the pain and trauma around this Field, you know, once we healed a lot of that, we feel a little better than we did before.

Okay, say let's give the same example. So, there's a karmic pattern where you need it to be cheated on or betrayed in this lifetime. In the example I'm giving you. And it's way more than that. But we just talk about one example and let's say you've not acknowledged the field, you've not acknowledged the lesson. So, the pattern still exists, but you broke the pattern. So, let's say you meet the same kind of person three to four times in different relationships. Different people, but same kind, bringing the same kind of thing into your life.

And then, you know, let's say the last relationship finished and you said to yourself, "That's it, that's enough. I'm never doing this again." And instead of picking the bad boy or the bad girl, depending on your preference, and instead of picking the bad person, the risky person, all of a sudden you went for Mr. or Mrs. Play-it-safe and you went completely the other way because you're thinking, "Okay, well, the last people have kind of hurt me. So next time I'm going to try somebody completely different. And I'll get a different outcome." That's the logic, okay?

But if it's, if there's a karmic reason that, that whole relationship thing has kind of gone and you needed to acknowledge the field first and you've just actually walked away and broken the pattern, the karmic field can get really agitated. And what can happen then it starts to affect matter and matter will begin to speak to you and unless you understand what's going on, energy energetically, you're not likely to understand this.

You'll just think stuff is just going wrong. So, the car will breakdown, you will lose your house keys, you will smash your phone, you will end up spilling water across electronics or dropping something. You will miss your appointment. You'll lose your bank cards and your Wi-Fi will just stop working when it's important, you're missing important meetings. And what's happening is it seems random, but it's all connected energetically. And all that's happened, and the karmic field is really agitated now because you kind of separated yourself from this pattern but you haven't acknowledged the lesson. You probably don't even know you've learned the lesson, you just walked away from it.

RIYA LOVEGUARD: It's like always trying to get your attention. It's screaming at this point. I think that things are back to the point that all these lessons that we learn, all these experiences that we've got here are exactly for that. It's a learning opportunity and if we don't recognize that, we're missing the opportunity for soul evolution and soul wants to evolve. It wants to go through all these different experiences and go back to the center and kind of like... It's basically harmonizing all these experiences where you're sometimes on the receiving end of trauma. Sometimes you're dealing. Sometimes you're doing all these things, but in essence it's very easy for us to judge.

I even listen to when you said, "Oh, the bad boy or the bad girl." Well. We all have been bad boys and bad girls and everything in between, and I think the point is, recognizing and acknowledging all of that. And then you get a chance to move in liberty. To move in, freedom. To shift. So, going back to that point where you feel this screaming at you, it's trying to get attention. Because it's almost like soul is trying to knock on the door and say, "Hey, maybe if you know, you lose your business three times or maybe if you experience heartbreak three times, you finally start thinking of a bigger picture, maybe this crisis will wake

you up” But sometimes we don't get the lesson, sometimes we don't even spot the pattern, and I think that's the problem is how many times you've got the situation where the client comes to your session, you ask them for what the problem is, and they tell you the problem and they only have this “Aha!” moment when you explain, “Okay, I can see that this is the same pattern.” Because it's easier for us to talk about patterns and say, “Oh yeah, the same person or the same thing,” but it's not always that straightforward when you work with people. And so, the same pattern can repeat subtly in different ways for you so, it is not always that they're gonna get you heartbroken, right?

AERON LAZAR: No that's just one example. It could be caught this, I don't know, karmically you had to be a smoker, for instance. You know, if we look back at the context of that, why would it karmically, why do I need to be a smoker? But perhaps for instance, you needed to be a smoker to experience an illness off the back of the smoking and perhaps in a past life you were a doctor. Two random examples here for you. I've seen it all like honestly.

RIYA LOVEGUARD: Okay, let's get into it because it's one thing talking about blocks, past lives, and all of that in theory. If you could give us some juicy examples of, let's say a client comes with a blocked income and some past karmic things that have caused it.

AERON LAZAR: Oh, okay. I can give you a good one. Obviously, I've helped hundreds and hundreds of sessions, so again this is on the spot so I'm not even prepared for this. But I remember what one, obviously not gonna mention any names. I'm just talking to the situation. So, I remember there was one particular person I had a session with. We come back probably about a year ago or so ago now or something like that. But remember, the lifetime was significant around loss around financial loss and they were experiencing persistent loss in business like, they couldn't hold on to staff members, so constantly like losing things. And it was all business related. So, we're losing contracts, regular customers would end up going elsewhere. They would, they would lose market share. There would be kind of ups and downs. So, they'd be doing okay and it be come back down again and it was kind of this pattern consistently through the lifetime. So I could see that there was a pattern and it started in affected other parts as well. But it was mainly business related and I

could see energetically, I could feel it was karmic. It doesn't feel ancestral. So, I did a bit of digging around that and it was kind of flat to me energetically all ancestral side of things, but it was kind of pulling me in. So, I went in and looked with their permission, at that person's Akasic Records, and I remember going in and I remember being shown this past life being taken to the area inside the terrestrial block. I remember reading the record. The vision I was given and the context that I channeled around it was that this person was it was back in New York 1920s or 1930s. You know, when they were building, there was lots of construction going on with the skyscrapers and the building in like New York, Manhattan. And this person had been a construction boss at that time and there was a load of, that this soul... because again, we're talking, you know, the person, me, Arron in this lifetime is temporary but my soul and consciousness is infinite it is transcends each lifetime.

The person I was speaking to is kind of the person for this lifetime, but it's the soul and the consciousness, right? That's what transcends all that. Because we get, we get a different... I've heard it called many things, "meat suits."

RIYA LOVEGUARD: Oh –

AERON LAZAR: So, I know I'm joking! But the physical vessel is what changes but the consciousness and the soul, doesn't. It moves across. So, the soul I was having a session with at the time in the 1920s or 30s was a construction manager or either the investor or the construction manager. But top of the chain anyway, that was ordering up this work and they were building a skyscraper or a block in Manhattan. It didn't give me the exact address, but I could tell instantly it was Manhattan. I just knew, it showed me like a Google map like this.

And the reason that there was in the karmic field, which crossed impact financially, business and financial loss in this lifetime, was that what this soul decided to do was basically not pay the main contractor who was building the skyscraper or the big block and he told him there was like millions of dollars involved. Like a lot of money. So, the guy, this soul and consciousness, I was working with was at the top, had decided not to pay the main contractor. The main contractor has subcontractors below them. I could see there was four or

five companies that went out of business because of this. So, the decision, the soul and consciousness that I was working with had made was not to pay those below because they really wanted to take more money. They wanted more profit. And this and unfortunately, we see remnants at this today, goes on in the construction industry, unfortunately but when he's talking about big big projects like this, it's such a risk.

It affected hundreds of staff members working for these business, and there were some families that split up as a result of the companies going down and people not being paid, etc. And so, there was a huge amount of, that was created because of the breakup of the families, just kind of going against universal law, etc. And as a result, there was some kind of really dense energies that was created, but the person I was working within the session experienced the other end of it on a smaller scale, so it's not like this soul was working for a big construction company and in the same things happened, but it was common that affected persistent loss around business, whether it was employees, whether it was financial, whether it was opportunity, there was a persistent drain or loss through the pattern of business so that's basically it's quite interesting when we look at it.

RIYA LOVEGUARD: Yeah, I'll give you another example around financial block. My old ex business partner... It was really interesting, because again past life and both of our souls were affected. Different situation that weren't so much karmic because it's not always karmic. Sometimes, it's just soul experience. But basically me and my business partner ran a successful business together and then we decided to stop, and when I went my own way, I started expressing myself in a more spiritual way, she continued doing stuff with his real estate agents.

But for a time, we had a successful online businesses and for a couple of years after we've parted company, we're still great friends, she visited us and we started talking about our business at the moment and we spotted a really interesting patterns. Even though we are now in completely different industries, we are in a completely different countries, we change, we charge our clients in different currencies, but for some reason, our entire product structure was exactly the same.

When you translate her prices and my prices in the same currency, it would be the same and we were like, isn't that interesting? And then Aeron read our past lives, and one of the blocks for us was that we always wanted to be just providing affordable products. We will never go premium, will never go at something more expensive. We'll never go all in and provide people and say like a prolonged mentorship, there was always something short and relatively accessible. And it turned out that we were both businessmen, both male. In this lifetime, we're female. That's another thing, you know. Get out of this thinking that you are remaining in the same gender, you know.

We were two male business partners. And what happened was we actually made a lot of money. We were so successful. There wasn't even massive karma accumulated over that. But what happened was we felt really lonely and isolated from our community, because we were living in the wealthy bubble at that lifetime and not experiencing happiness. And we were actually really jealous, looking at people who had maybe not so much money, but really happy family. And it's almost like in that lifetime we made a vow that we don't want to do like that because what we've associated and what I feel we both learned is that if you are making it really big and good in business, then you know, every day people are suffering.

So, in our next business together in this lifetime, it was all about affordability and being wonderful people. So, there is a couple of examples in the area of finances. I always see these other examples in areas of relationships, health and past life, literally are the key to our decisions, our personalities, and it's really, really important to understand it, because sometimes, what seems to be invisible blocks actually have a source in past lives and I suppose the difference between what you're doing in the Akashic Records and when people are just reprogramming their unconscious beliefs or just, "Okay, you know, I'm happy and abundant now." "Why do I believe that this is actually going to the very core of the problem, where is the source of these invisible blocks? Why no matter what job I take or what business I start, I've got a this income, or why no matter what country I go to, I come across the same types of people, for example, display the same type of behavior sometimes." We need to look beyond this lifetime, beyond our childhood traumas, or beyond our

conditioning, beyond even our ancestry, and into our past life. So, with that being said, how do we go to the Akashic Records? How do we access them?

AERON LAZAR: And so to start with, think of the Akashic Realm, because the Akashic Realm, is that the area that you're gonna go in, that's the overall puzzle. Don't forget, the records is a couple of pieces of the overall picture. So, we're gonna go to the overall picture and this is in a place called the Akashic Realm. It's called the Akashic realm, because there's so much in there, is way more than just a reference. And what we would think of, we would think of the different dimensional or different dimensional bands. Different dimensions as start to think them as frequency bands or radio stations. And when we think, "Okay, I'm gonna go off from my consciousness though to the Akashic Realm."

We can almost conjure up this idea in our mind that somehow the consciousness is off on some rocket ship and its off hundreds of thousands of light years away. And it's gonna be hurtling through time and space. And eventually, if you're lucky, we're gonna arrive at this destination. The Akashic Records. It's not the case. Your Akashic Records, or the Akashic Realm is situated in the same room that you're in right now. So just take that in for a second. So, I look around the room here, the Akashic Realm, where these records are contained are in the same room. That in here right now and they move with you as well. So, let's say I I could access mine in here now if I wanted to. And on the other side of the coin, I could be cruising at 45,000 feet on an aeroplane between Europe and America, across the Atlantic and I could zone in inside the cabin and I could access my Akashic Record.

RIYA LOVEGUARD: So, I'm gonna stop you right there. What's the method because I'm sure that there are some listeners who try different guided meditations, maybe hypnosis and all of that jazz. And it's like, "I still feel nothing. I see nothing, it's darkness." How do I get to the record?

AERON LAZAR: So, if you're using guided meditations and you're just meditating, etc. you can hit that brick wall. And you can start to get frustrated. So, the way to think about it is, if you're struggling in the first instance, the easiest way – 'cause, I'm all about making things easy so it's not... let's not over

complicate things or make it more difficult than it has to be. If you've got a soul, a consciousness, and an antenna, a pineal gland in there, then you've got the equipment to be able to access it, you just need to be shown how to use the equipment.

So, in the first instance I would reach out to somebody like myself who can show you how to get there. I can take you up energetically, but in order so that you access this place yourself, that's the best course of action, because when I go anywhere for the first time, it's like there's no difference in or here on Earth in in five senses. I'm like a homing pigeon. If I go somewhere once, I'll probably need directions or help to get there. But once I've been there, I can go back like a GPS whenever I need to. And it's no different in the Quantum Field for consciousness. I got there with the help of the Pleadians in the first instance 'cause I didn't know where I was going.

You can go the Pleadian route if you wanted too, although you just be hurtling through the Quantum Field. And I was just like, "Woah! This is crazy!" And I hit one of their merkel bars with my consciousness and bang! I was gone and it just felt like I was just deep diving into the abyss. I got there, and once I've gone there once, I could slide in and out with that frequency band then. It was just like down a black hole, so I wouldn't suggest doing that. I would suggest reaching out to somebody like myself who can take you up in the first instance to show you where it is, and then you'll be able to transition out.

RIYA LOVEGUARD: Bottom line is do not get frustrated if it gets difficult to get them. I remember your first time when you were going there. Yeah, it wasn't easy. And now you're there all the time and you called other people's consciousness in Aeron's Akashic Mastery Program where he teaches other practitioners how to get into there. And actually, the best way is to actually experience it. It is very difficult to put all your... try meditation... You know there's many different ways of accessing their Akashic Records. Many times, in my sleep where my various details of my past lives have been revealed to me in my dreams, but whilst this is okay for your own personal spiritual development, if you wanna work with clients, that's not very practical. I couldn't say, "Okay, I'm gonna sleep on it. I'm gonna come back with an answer tomorrow."

AERON LAZAR: Or if you've got a session, which is... my individual 90 minutes. Quite often they run between 90 minutes and sometimes 2 hours to 10 minutes. It just depends what comes up, but you know, if somebody presented for session, it wouldn't be a good look if I just said, "You know what? We're gonna lay down and take a nap now and then we'll set the alarm in an hour. We're gonna come out and we'll just see where we are now." If you're going to be working with somebody, we can kind of you know jest about it and talk about it but you know we need to be able to access it proficiently in a conscious or awakened state really.

RIYA LOVEGUARD: Yeah. So that is obviously Aeron's method to just go there really kind of like on a well-trodden path because he's there every day and he can take people there and I feel like there's also something when there's a certain frequency and when, you know, when we think about learning new skills and the Akashic Records as a new skill for some of you. It feels like you've got to learn some methodology. You've got to learn step by step. But in this quantum acceleration that we're experiencing, actually we've got a chance to learn it in different way.

We're learning through a small stuff. So, then we learn through frequency and what we found is that very often, when people come to our orbit, they are kind of automatically coded with abilities like ours and it happens when we come into orbit of people who have very particular skills. So, you know, people who come to me activate Light Languages, people who come to Aeron all of a sudden is easier for them to go to the Akashic Records. And you know, we've had experiences where we went to someone who specializes or we chatted to someone who specializes in Divine Feminine. And that's something that activated in our like Kundalini energy or whatever.

So, you know, we you can think about learning in a very conventional way like I need to push myself. I need to go and meditate, meditate, meditate. But in fact, it can be really simple. Once prerequisite, and let's mention it here is that, yes, by all means quiet in your mind and do guided meditation. Being able to get to point zero where you don't think, "I need to pee. Have I picked up the kids from school? How long this kind of gonna last? Have I got time?" That, you need to get some mastery over. That is not that it will ever go away. But you know, if you

get into a state where you can push that to one side that really opens up the Quantum, whether that's Akashic Records, whether that's um tunneling or water. Whatever, you've got to create an opening. So, depending on which stage you are, if you are on a stage where there's still a lot of mental chatter, start with working quietly your mind down but if you're on a stage where, you are consciously open, and in fact there is a lot of things that are flooding your consciousness. Then it's a case of actually directing your attention, because I think this is also very important is very often you work with people who are quite consciously open. It's just everything is flicking like 100 miles an hour, right? So, it's just teaching them a bit of precision, right?

AERON LAZAR: Precision and control. I mean, that's really kind of, I think really kind of advanced level stuff. So we start to talk about precision, elegance, and control in there when we're processing so much energy. But in the first instance, it's how to get in there, right? We can worry about the precision or control later on. That's kind of, you know, let's not kind of get ahead of ourselves here and just do it step by step. But like in the first instance of getting up there, you do need to have a quiet mind, so if you've got a really busy mind and it's just that constant churn and chatter which is going on, you need to get a grip of that and that's why guided meditations in the first instance.

Yes, if you persist with them, you have a glass roof that you can't get past, but they're very effective in the in the first instance. Just quiet that down because you surrender to the sort of process, to the guide that's guiding you through and it just kind of guides your point of attention in, gently whilst all the chatter. And the outside world just kind of gets turned down and pushed away. I'm blessed in a way where unless I go looking for a thought, silence is golden in there. There's nothing. Honestly, like from day-to-day chatter like this. Riya more than makes up for that. By the way, I'm teasing, but basically, unless I go on looking to think about something or I intend to think about something... it's silence in there. Once you get to that in a space of quietness, the next step is a lot easier is what I'm trying to say.

RIYA LOVEGUARD: So, let's assume we've managed to access the Akashic Records. Well, one thing you've had to read them but and another thing is how to work with them energetically, because you know it's all good. Okay, let's say

you even access the Hall of Records with your consciousness. There's so many of them. How do you normally do it with the clients? You you pursue a problem, right?

AERON LAZAR: Yeah, so. I am very task oriented and task driven, right. So, I don't just go in and do things for a laugh. There's a reason for everything I do. And the system that I've developed, working in the Akashic Realm is very task and results based. It really stems from that's the energy in which somebody comes to me. They come to me because they typically want a problem fixing. So, I want to fix the problem. It's not like, "Okay, during the session, we'll go up and we'll just see it." No, I wanna fix it –

RIYA LOVEGUARD: -- There's a difference between how you do the sessions and between Akashic *reading*.

AERON LAZAR: There's a massive difference. Like I could jump in and I could just spend 90 minutes just reading and will go from one past life to another. And yes, it's informative and it's like, "Oh, wow. Okay. I can see your life where you were a Roman and you were kind of going for – " and so on and so forth. Other lives exist, obviously. It's like, you know, there can be many, many different kind of lives. So, it's kind of we can do that, but it doesn't really achieve much, does it? Apart from you coming at the back of the end zone. Typically, is that when somebody comes to me with, which is basically, I've experienced negativity or there's a lack of flow. There's a block or whatever the field presents. So, basically if we discover that there's a karmic pattern that we've spoken about before, so we want to neutralize the pattern. So, the reason for going up to read the records is that the person I'm working with will need to acknowledge the karmic field, and understand the lesson.

They can't ignore the karmic field and it has to be done correctly. Therefore, if I just take the karma out and I neutralize it, essentially the karmic field then may get agitated, and it starts to cause disruption in their lives which is counter intuitive. I'm therefore creating more problems in a person's life to live that way. Then if we go through, I read the record for context, let them know what the lesson is. They then need to understand, and I give them space to do that. And I tell them exactly what to do. As soon as the karmic field is satisfied, what I will

then do is, I'll take the karma and I'll neutralize it. And then afterwards, I'll repair the karmic field and then I will drop back down. So, it's a system and it's done in a very methodical, task-oriented way. So yes, I could go up there and just read to you for 90 minutes. Let's see what past lives come up. That's easy for me. It's not. It's not difficult.

RIYA LOVEGUARD: But it's also then more productive because when you go in there you go in there for a reason. And I feel like a lot of people may have a problem accessing the Akashic Records because they go without an intention and it's like sometimes they get overwhelmed, whereas if you say, "Hey, I wanna see the records that relate to this particular problem. I can see in my life this is blocked, you know, the area of of love is blocked or my finances are blocked or my expression is blocked. I wanna see whether this block is something to do with my past life," and that will give you a lot more precision.

AERON LAZAR: Absolutely. Think of your consciousness as like a little boat. You're in your little boat and think of the Quantum Field as a river and you kind of gotta get to a destination within the Quantum Field, whether that's Light Beings, whether that's energy bodies, whether it's the Akashic Realm, it doesn't matter. It's a destination you get into, right? And within the Quantum Field, there's currents that will just drag you around like this, so if you want to get to the destination which is across the other side of the river, you've got to intend to paddle, to get across the river. You've gotta have that intention of "I'm getting across the river." If you just went into that little boat and you just went into the Quantum Field and just said, "Okay, I'm trying to get to the Akashic Records," but you just drift, you're gonna get taken by the current and you're not gonna get to where you want to go. So your intention is the equivalent of paddling to where you need to get to but you need to set that, otherwise, you'll just drift within the Quantum Field.

RIYA LOVEGUARD: I've got another question regarding the Akashic Records, because we talked about the terrestrial karma and all this heavy stuff and all these blocks and you know. But there is another aspect of working with you which is a really nice aspect is –

AERON LAZAR: Galactic –

RIYA LOVEGUARD: Galactic, that's when you read Starseeds. So any Starseed here, or if you're suspecting you may be a Starseed, listen up, because this is going to be something you're going to enjoy.

AERON LAZAR: In Español it's Las Galactico? Las Galacticos? *(Laughs)* But anyway, Galactic. So, within the Akashic Realm, Riya's favorite part would be the Galactic Bloc.

RIYA LOVEGUARD: I like the Galactic Block, and there's two differences by the way. As much as I am not an expert now on the Akashic Records, actually my first soul incarnation was the keeper of the Akashic Records, so I know the realm very well like the back of my hand. I don't spend time there because you, know, that's Aeron's area but yes, there is the Galactic Block of the Akashic Record which is small in comparison to the Terrestrial, even though there's so many different planets and systems, etc.

But from the Earth's perspective, this is a playground for souls and for evolution, so we accumulate a lot of karma, and weirdly enough, how it's represented in our consciousness is that actually, the stuff relating to earth or the Terrestrial stories are almost stored in a quite an analog way. In actually proper, like, box of records. Whereas, when you go to the Galactic Block, everything is quite digital so here is just this table and this kind of Field of Information and you can browse through your Galactic lifetimes which will give you your soul origin, your Starseed origin and wow, isn't that an amazing place?

AERON LAZAR: It's really good, they are separate blocks. The Terrestrial Block is a lot bigger and the reason it's a lot bigger is just because the Terrestrial, human karmic field is massive. It's huge as an incarnation, humans create the most amount of karma because we live in this duality of free will and the highest of highs and lowest of lows, and everything in between. We therefore experience the greatest opportunity for growth, and of any race.

That's why so many eyes are on us Galactically, but as a result of that karmic field, it's represented by a larger Terrestrial Block around the back. So at the back of it, how I see it in my consciousness, around the back of it is a smaller

version which looks like the same block on the outside, but on the inside, it's very different.

So, instead of like in the Terrestrial Block where the corridors being arranged in a sort of symmetrical blocks, it's like they look like crossroads lit up in white light in the Galactic Block, it's one corridor which leads down to a central chamber what looks like half buried Roman columns in the corridor, opposite one another as they go down at the center. In the middle of the central chamber, there's this block and on top of the block, it looks like this swimming energy and if any of you've ever dropped petrol or diesel in water, and you get that rainbow film across the top, it's called iridescence which, by the way, will be the name of my new program, same as the movie.

So, that's where you would find the Galactic Records of a particular soul and you could find the soul's origin, which is basically the first incarnation. That's if it happened to be Galactic. You may have had your lifetime as a human. Who knows until you read it, that's impossible to tell but the chances are, there could be Galactic first incarnations, so you could see that. You could also see where this soul had come from in the last lifetime, the last Galactic lifetime based on that, you can read their soul contract. So you can see the terms in the soul contract. If any of you have come here as a Starseed, you could have answered the Starseed mission or the call and you volunteered to come here at this time, and the reasons for which will be typically based on your specialism. That's my experience.

So as Starseeds, we didn't just come here for a laugh and, "Oh, that looks like a good place to go, and evolve and to grow!" We've come here to serve. We've come here to help, and as a result of that, everybody who came here at the same time or at different times, is doing the same thing. They're from different races. And from my experience, having that hundreds and hundreds of these, it's linked specifically to what you would have been doing. Your specialism at that time, as to why you've decided to come down here.

RIYA LOVEGUARD: So you know, you could have been piloting ships as a Sirian or you could have been responsible for collective consciousness of children on Arcturus.

AERON LAZAR: Absolutely. You know one of the most beautiful things about this and I would encourage all of you, if anybody listening to this is kind of called to this kind of work, and it's a deep call, I would advise you to pursue it. Anybody who's interested in kind of expanding their spiritual skill set, I would encourage you to look at this and perhaps start to learn how to do this stuff because the satisfaction that you can give to people when you start to talk about their stories, and you start to then understand about different Star Races having different personality traits, and talk about this stuff that's coming through you, quite often these questions that these people and clients have come to you that they've just got no clue, you start to give them the information and everything, then everything starts to make sense.

They're like, "Wow, I have no idea!" and they get goosebumps and it starts to answer these questions like, "Why am I the way I am? Why have I got this tendency? Why is my personality like this?" It's not just a quirk, it's based on this grid work that you're holding from whatever it is and when you tell them the terms of their soul contract, and suddenly they realize why they've come here. It's a huge energetic relief. Like there was a person I had a session with a month or so ago, and they came to me and you know, "I've been through bouts of mild depression and stuff like that" because it's like literally drifted through their entire life like, "What the point in this? Am I just here to kind of pay my bills and then pass over, like surely there's a bigger thing?" And just this total apathy that kind of set in. Then, I went there and read the terms in the soul contract, it was like a spark that lit up inside.

All of a sudden, everything started to make sense and you could feel this fire coming off them, this frequency of like, "Wow!" Like this realization. So the power in this work and the sort of joy and the answers you can bring to people working in this realm, in this way, is absolutely incredible. So, if you feel called, I really urge you to look into it.

RIYA LOVEGUARD: I feel there's another episode of the Architects of Destiny coming where we talk about Starseed and the Galactic Block, but for those of you who are more interested in exploring the Akashich Realm, there's two ways in which Aeron can help you with that.

So, way number one, is Aeron's private sessions – individual sessions and the two types of sessions – one is the Terrestrial Heavy Lifting, which is about the clearing of various karmic patterns. It could be karmic patterns, sometimes mixed with ancestral patterns because you know, when we say Akashic, but it's not always that clear. Sometimes, something from past lives mixes up with something from your ancestry, and something from your childhood. There's like different steams feeding one big river, so that's one type of working. It's working on your blocks and limitations through this deep work, getting right to the very source of the problem and really releasing it and it's amazing because the physical reality just literally explodes in a good way. It kind of follows this energetic clearance. So, one way of working with everyone's individual Akashic clearance way. Number two, we're gonna link up to all of that is the Starseed, not so much a reading, because there's more to it than a reading. When you read someone's origins, you also bring the guide and connect them to the staff, family, and actually, the soul contract. And it's a whole energetic experience. It's just information that we do, it's transformation more than information. So that's way number two.

So, we're going to link after, the brand new Starseed sessions. And the way number three is if you're a practitioner and you're like, "Hey, I can do it myself, I want to do it myself and not just that I want to do it for other people." Well, in that case, we invite you to the Akashic Mastery Course, which is the most comprehensive course on the Akashic Records in the multiverse. Maybe not in the multiverse – *(Laughs)*

AERON LAZAR: In existence. And it's a pleasure this year, I'm holding one a year ... we're just at the launch now, almost. It's going to be starting of 2022, last year in 2021, was amazing. We had an amazing bunch of people in 2022. It's bigger and better, so this year it's three months long. We've got six additional live sessions and the great news is for those who make the journey with us, it's a lifelong process. So, those who are joining up for 2022, joining the growing number of people who are jumping on board with that, are also going to get the updated versions and modules in 2023, 2024 and so on. Just like the people who came on the journey in 2021 are getting this year's updated added to their account.

But what my vision is for the future, I can see myself in 2035, 2039, all the Akashic Mastery Academy with all of the students that come along every single year, there will be thousands of people online all in these sessions. So, that's the vision and the idea, is to equip as many people as possible who want to come up and become Akashic practitioners and Akashic mastery practitioners and Akashic mastery practitioners.

RIYA LOVEGUARD: So, what's inside the course is not just how to access the Akashic Records, how to read the Akashic Records, but also the whole methodology of working energetically with the Akashic Records. So Aeron is teaching you step-by-step. How to neutralize karma, how to follow energetic patterns. So it is really extensive but not only that. It goes beyond just the Akashic Records and into the quirks and amazing stuff that is in the realm which is the Karmic Field of Energy, which is the unity consciousness of the Akashic Records where all the amazing ascension codes and the abundance calls are stored and the oversoul template because you're going to be teaching then how to quantum jump, right?

AERON LAZAR: There's layers within the realm, so we've got the floor, we've got the records above this, we've got the Karmic Field of Energy which is where all the karma sits that we would neutralize. Above this, we've got the Unity Consciousness Field which is, which is simply incredible. It's been referred to as different things – there's God Consciousness, Christ, Consciousness, Unity Consciousness, Consciousness Field of the Akashic realm. It's referring to the same thing and we're all connected to every other living soul in existence. Not just 7.4 billion on Earth, but possibly quadrillions of different souls, or in other Galactic Races. We all feed into this same Energetic Field, and within this Energetic Field we've got consciousness technology, so we've got the abundance grid, we've got ascension codes. There's many different things in this field of energy and we can download consciousness technology around this.

The Oversoul Template, as Riya mentioned, links everything together like glue. Off the back end of the Oversoul Template, we've got a Fourth Dimensional parallel reality, which is running like sheets of paper like this. What it can do, it basically can add and can supercharge our manifestation practices because

rather than feeling it real, as we kind of, we start to imagine what it's gonna be like in the future and we start to feel it real and build and create this grid work within our field and we have to come to this up ourselves to. Pulling that reality, we can actually go to the Akashic Realm, going to that parallel reality, file the Oversoul Template which contains the grid work of you in that reality that you're trying to call in, and we actually bring the grid word back with us into our field. So, rather than creating it, we can go fetch it and bring it back. So it really solidifies and really intensifies and supercharges our manifestation processes.

RIYA LOVEGUARD: So, as you can see, there's a lot more to the Akashic Realm than just the record itself. If you're interested, we're gonna link up some interesting resources and different trainings that Aeron has done and obviously, the Akashic Mastery Course, so you can explore this subject more. For now, thank you so much for today's session. Thank you for being here with us, and again, if you enjoyed, consider sharing it with a friend and leaving us a review on iTunes. Thank you so much and see you on the next episode of the Architects of Destiny Podcast.

AERON LAZAR: See ya. Bye!

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